Pages of Praise

Volume 2, Issue 1

Praise is our weapon of choice!

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Broken Promises

The things WE SAY

Kimberly Davis, Author

Have you ever said something or declared something you would or would never do again? From relationships to circumstances we promise ourselves things all the time. "I will never do this or that again, I will not allow this or that to happen, etc"....when the statements are made the intentions are always good, but sometimes declarations or broken promises to one's self have a more detrimental effect than one realizes.

Things happen, the more things change the more they remain the same. It is possible to have a detrimental outcome despite your best efforts. It is possible to repeat something you vowed never to allow to happen again. Sometimes one can say something and if it doesn't happen accordingly, no big deal however there are times when one can be trapped by the very words spoken and that entrapment comes from within.

continued on page 2

NSIDE THIS ISSUE

- **1** BROKEN PROMISES, Things we say
- **1** MAKING A DIFFERENCE Community Service
- **2** 15 Principles for organizing your Life

MAKING A DIFFERENCE We can all do something

It's our duty to serve the Community

Kimberly Davis

Everyone can do something to help out or give back to the community. The community is the people around you, those closest to you and giving back is a privilege and responsibility. Instead of talking about the problems, the issues the things we don't like it is crucial that we get involved do something.

Unlike most people I don't believe that people don't want to help, I think they do. Most just don't know how to help and not knowing how can be frustrating. Other people want to do something large and when they cannot do it big, do nothing. Either way the end result from both of these scenarios is a lose-lose. If you don't know what to do, ask get involved and below we have a list of things one can do to make a difference. If you want to do something big and are not sure what to do use the list below, do something and then your large will grow from the small seed. Nothing large happens overnight, it is the growth and consistent building that turns the little into large.



One of us is never as effective as all of us.

1) You can learn a lot by helping others like appreciating what you have.

continued on page 2

Broken Promises

The things WE SAY Continued....

It's one thing for a person outside of us to make statements about one's situation and its quite another for the hurt, pain, disappointment and dismay to come from within that hurt is often hard to recover and even harder to forgive one's self.

Why do we make declarations or set impossible goals for one self? Being the best you one can be should never come at the cost of losing, hurting or hindering yourself. When one set goals that can be impossible to accomplish like not making mistakes, or never having bad judgment again; setting yourself up for failure is exactly what you are doing.

If that's you, first FORGIVE YOURSELF.

- 1) Whatever you did again, forgive you! Until you do so, you are holding your future hostage to your past.
- 2) Repetitive behavior is a symptom of a larger problem. Find out how, what got you into this position and work to overcome what pushes you into making the same choices.
- 3) Think outside the box by feeding yourself different possibilities.
- 4) Increase your circle of influence. It's okay to have influence on all levels.
- 5) Set short-term goals that will promote the long-term goal you desire. Remember that every day is a new day, a new chance, a new opportunity.

No, it's not healthy to make the same mistakes over and over again, no one argues that, but to set or declare perfection isn't the answer.

IT'S A NEW SEASON, TRY A NEW METHOD! A fresh Word, a Word for where you are going and not a word for where you have been!

MAKING A DIFFERENCE We can all do something cont'd

- Helping others opens one's mind to opportunities, ideas and thinking outside the box.
- 3) Helping others allows us to see just how blessed we are.
- 4) Doing something for someone else also opens the door for blessings to come to you.
- 5) When we give, it is a blessing to those who receive and the one who gives; as it opens a door for the future to the giver.

Never underestimate one's power to give. As a receiver sometimes the giver can make you feel less than human but the giver never realizes that giving is like planting for the future. It means ensuring that your seed, future generations of your inheritance never have to beg or be in need. This is the reason that givers should be cheerfully and never give grudgingly because if God can get it through you, He will give it to you.

15 Principles for Organizing Your Life!

<u>Get Rid of Stuff</u> - Paper, publications and possessions require maintenance; maintenance costs time, energy, space and money. Dispose of seldom or never-used items. Ask yourself, "What will happen if I let this go?" If the answer is "nothing," get rid of it.

<u>Limit Your Reading Material</u> – Realize that you can't read, know, or retain all the information you receive. Set up a reading folder for holding unread information. Pitch the oldest material (read or not) when that space is full.

<u>Touch it Once</u> – Be decisive: Handle mail only once and move on. Don't shuffle papers with the vague "I don't know what to do with this so I'll put it here for now" Syndrome. Use a simple DRAFT technique – Delegate, Read, Act, File or Toss – the first time you touch it.

<u>Think Before Acquiring More</u> – Evaluate before accepting new items. Get off mailing/routing lists that serve no purpose. Ask yourself if you really NEED this item.

<u>Organize Before Increasing Space</u> – The more space you have, the more inclined you are to be a saver. Keep things as simple as possible by retaining as few items as you absolutely need.

<u>Don't Leave Things Out As Reminders</u> – Leaving items out is a common mistake.

Keep Frequently Used Items Handy – Keep within easy reach your current working papers and items you'll need when you answer the phone.

Don't Crowd – Individual file folders over ¾ of an inch thick need to be first purged, then divided if necessary.

<u>Do the Best Task At the Best Time</u> – Do tasks physically or mentally difficult for you at your own peak energy times; this includes making tough decisions.

<u>Be Prepared</u> – Like the Boy Scouts, plan ahead for everything you'll need.

<u>Don't Leave Until You're Finished</u> – If you find items to be delivered elsewhere, put them in a specific place and deliver them there only when you're finished with your present task.

Do Only What You Set Out To Do -

Focus on your specified project. Resist the urge to be distracted by what you see. Instead, like a boomerang, let your brain keep guiding you back to achieving your immediate goal.

<u>Break Your Work Into Units</u> – If a project seems overwhelming, "divide and conquer." Break it down into manageable units and schedule the steps to execute it.

Empower Yourself Through Delegation – Many people are reluctant to delegate. They find it hard to let go – to make decisions, to give up a task – or are embarrassed to have others see their disarray. Take heart! Empower yourself with these strategies to most effectively use your support team – peers, supervisor, assistant, etc.

<u>Take Time For Training</u> – Just having the right planner, filing system or computer software program doesn't assure your success; knowing how to use them effectively is the key to being well organized. "I don't have time for training" is shortsighted.

By Pastor D. Moffitt, Jr.

Moment of Meditation for the month: "Balance is the key for acquiring and maintaining all one seeks; without you can gain but lose faster than you gain." Kimberly Davis, Author

From the Editor: Thank you for reading Pages of Praise, Praise is the weapon of choice. When one begins to praise God in spite of circumstances, it is then that you tap into a place in God beyond the here and now. You move your mind from the ordinary to the extraordinary; from that which is common to that which is uncommon and beyond the regular.

Look for more encouraging thoughts, ideas and concepts for individuals, building, churches, business information and the like.

Scripture for the Month:

Romans 12:1-2

This is the season to move outside the box!

If you have missed it, log on to www.thepottershouse.org for Bishop Jakes series on LIVE ON PURPOSE!