

## Me, Myself & I

**Genesis 1:26** “And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle and over all the earth, and over every creeping thing that creepeth upon the earth.”

God is the trinity, the Father, the Son and the Holy Spirit. Created in His Image we too are triune beings; the mind, body & soul; we are physical, emotional & spiritual; we are the girl, the adolescent and the woman; we are sophisticated, strong and yet weak; we are equal, beside and yet under authority simultaneously. Through this series of Me, Myself & I the goal is to learn ourselves as we are; as we see ourselves, as we desire to be, as we were meant to become according to purpose and promise. We will tap into the girl within without feeling guilty or ashamed, accept the woman we are now, knowing our worth and to begin the journey to becoming the women we were meant to become before, during and after life's experiences.

Far too often, we tap into only one part of the woman we are and by doing so neglect, starve, harm, hurt and slowly kill the other parts. Physically we are trained from birth to treat, cater and administer to our physical imperfections and if we treat those we can overlook and ignore the rest of us leaving one unfulfilled and lonely.

**Proverbs 14:1** “Every wise woman buildeth her house: but the foolish plucketh it down with her hands.” As a woman your house includes your mind, your body, and your soul. Building your mind means choosing to eat good food.

**Romans 12:2** “And be not conformed to this world but be ye transformed by the renewing of your mind, that ye may prove [demonstrate] what is that good, and acceptable, and perfect, will of God.”

Your mind is the center of control, the first place of thought, the origin of action, the place of meditation, the decision center, the control center for how one views his or herself, the navigational center for movement in all areas. You cannot accomplish, overcome or build anything inwardly or outward without having an image or picture of it in your mind first. Since it is the control center, the mind receives messages from every direction both negative and positive some thoughts lie dormant only to surface at the most in opportune times and places. A productive mind is not an empty one, it's not one that simply receives information but one that properly filters the information received.

Often we hear the aforementioned scripture used by Paul of not being conformed to this world as just having a worldly mind, chasing the things of

the world and while this may be great in its place; it is often a concept that is too broad and easily construed or abused. Everyone's concept of what is worldly is so different?! It cannot mean ignoring money because money alone isn't bad or worldly. Money is used for an exchange of goods and services. *'Be not conformed to this world'* means not allowing your mind to be conformed to the trash of the world or the general concepts of others. To be transformed by the renewing of your mind means to tap into the mind of your creator, to think outside the ordinary, to expand your mind outside the box or realm of popular opinion, to dream, conceive, birth and cultivate things that most think are unbelievable, to want, pursue and actively go after those things most would find unobtainable. Being transformed means using your creative ability to create, dream or desire something which no one else may understand or something you have yet to see anywhere else! When you allow your thoughts to be limited to the opinion of society you are allowing society to decide, dictate and determine your destiny.

Conforming can be easy at times but it is draining, boring and requires more work to blend; and yet the rewards from that work of blending are minimal to say the least. Conforming limits one to the present, the circumstances, the obvious, the regular and the common; conforming eliminates the possibilities of better until it is seen or proven. The problem with that is unless one can see a vision for better, she will never have it, and so conforming then places one in a perpetual state of going nowhere, like a dog chasing his tail. The conforming mind is the mind of limitations, limited opportunities; it's the mind of "I cannot see it and therefore it's hard for me to believe it"; it's the mind which needs to fill or fueled by others before anything can be completed or done. It's the mind that needs everything answered eliminating faith which eliminates God and that equals failure.

To begin the process of transforming your mind:

Begin to challenge what you hear and see by speaking what you know you have been promised in the Spirit.

Speak life into yourself this week. Simply begin with listing your good qualities, personality traits and characteristics. Also add this: [Psalms 139:14](#)  
["I will praise thee; for I am fearfully and wonderfully made: marvelous are thy works; and that my soul knoweth right well."](#)

Read Romans 8:5-8, Romans 11:1-2, More on Wednesday.....